

# THE SAN JUANS & VANCOUVER ISLAND

## 6-Day Cycling Tour



DESIGNED FOR

Mary Berg

CUSTOM CYCLING VACATIONS

LIFECYCLE  
ADVENTURES



## TOUR SUMMARY

# SAN JUANS & VANCOUVER IS.

## Bucolic Island Hopping with a Cosmopolitan Ending



The San Juan Islands are a bucolic wonderland where the pace of life is reminiscent of a time long passed on the mainland. Drivers give friendly waves as you ride on quiet lanes past small farms and around coves where the sun sparkles off the water. It is common to see seals, sea lions, porpoises and even orca whales breaching.

Then take the ferry across the border to Vancouver Island in Canada. Here you ride into the vibrant, cosmopolitan city of Victoria. Set picturesquely on a sheltered bay, Victoria has more bicycle routes than any other city in Canada.

### SERVICE HIGHLIGHTS

- ✔ Private transfer from Friday Harbor Ferry Terminal (or airport) with bike set up and full route briefing at the start of your tour
- ✔ Accommodation and breakfasts
- ✔ On-call roadside assistance and optional transfers along the routes
- ✔ GPS units, maps, directions and a comprehensive guidebook
- ✔ Expert guides delivering superior service
- ✔ Transfer to Victoria Airport at the end of tour

### DAY-BY-DAY FLOW

- Day 1** San Juan Island Southern Loop
- Day 2** Lopez Island Excursion
- Day 3** San Juan Island Northern Loop
- Day 4** Friday Harbor to Victoria B.C.
- Day 5** Victoria Loop Ride
- Day 6** Victoria Loop Ride

### RIDE OPTIONS

- Leisure\*** ☒
- Intermediate** ☒
- Challenge\*\*** ☒
- Epic** ☐

\* The undulating terrain means that *some* Leisure Riders may prefer to use an eBike.

\*\* The listed Challenge rides are relatively easy for fit, experienced riders as the size of the islands limits the distances that can be ridden each day.

### BIKES AVAILABLE

- Hybrid** ☒
- Road** ☒
- Premium Road** ☐
- eBike** ☒



### TOUR LENGTH

**6 Days / 5 Nights**

### PRICE BY ACCOMMODATION

**Budget:** from \$2,300 pp

**Classic:** from \$2,630 pp

**Luxury:** from \$3,200 pp

### START & END

**Start:** Friday Harbor, WA USA

**End:** Victoria B.C., Canada

### BEST TIMES TO VISIT

**May to September**

The short summer season means accommodation books out relatively early.

### OPTIONAL EXTRAS

- ✔ San Juan sea kayaking
- ✔ Whale-watching tours
- ✔ Victoria Harbor boat tours
- ✔ Victoria Harbor kayaking
- ✔ Customize your route



# WHY LIFECYCLE ADVENTURES

## OUR SELF-GUIDED TOURS

At the start of your tour, your guide transfers you from your hotel, does your bike fitting, and gives you a full route briefing. They then take care of all the behind-the-scenes logistics while you guide yourself along the routes; riding at your own pace and choosing the route difficulty that best suits you. Our support vans are nearby should you need extra support.

Your detailed guidebook tells you about the towns you will visit, sights along your route, and suggests places to eat – and we are happy to help with reservations. This support and insight helps make our self-guided tours some of the most personalized and well-supported in the industry.

Feature	LifeCycle Adventures	Typical Group Tours
Dates & Duration	Fully flexible	Fixed
Accommodation	A range	Set
Group Size	Just your group	12 to 24+
Routes	Up to four levels	Some choice
Ride Briefings	Day 1 in person Daily by phone	Daily in person
Ride Support	Van on call	Van(s) trailing and guide on bike
Lunches & Dinners	Not included (Help with reservations)	Some included (No choice)

## OUR COMPANY

Since 2004, our unique blend of custom itineraries and personal service has been creating perfect cycling vacations for those who want to explore on their own terms. From the moment you contact us until the end of your trip, you will find us responsive, attentive and totally focused on ensuring you have the perfect cycling vacation.

Our expert guides live in the areas in which they operate. They have the passion and dedication to deliver superior service and exceptional insight. As a company, we donate 10% of our profits to bicycling advocacy and other community causes.



## CUSTOM CYCLING VACATIONS LIFECYCLE ADVENTURES





# DAY-BY-DAY ITINERARY

## DAY 1

### San Juan Island Southern Loops

You will be met by your guide in the vibrant port town of Friday Harbor. Your guide will serve you lunch, give you your trip briefing, and then ride with you for a few miles – just to help you get oriented. Your riding today is focused on the southern part of San Juan Island.

The **Intermediate** ride heads to American Camp at the southernmost tip of San Juan Island. (American Camp was home to the US Army during the joint occupation of the islands by the Americans and the British in 1859.) Your route then continues around the marine sanctuary at False Bay to Pelindaba Lavender Farm – in full purple bloom during the summer months. You then circle back to Friday Harbor.

**Leisure** riders follow the Intermediate ride above but skip the southernmost tip of the island to loop around False Bay before heading directly back to Friday Harbor.

**Challenge** riders follow the Intermediate ride and add on a loop out to Lime Kiln State Park – the nation's only whale watching park with its iconic lighthouse and old lime kilns.

### Visit American Camp State Park, False Bay Marine Preserve, and Pelindaba Lavender Farm



### RIDE OPTIONS

#### Leisure

15 miles with  
900 feet of climbing



#### Intermediate

30 miles with  
2,000 feet of climbing



#### Challenge

40 miles with  
2,400 feet of climbing



### OVERNIGHT TOWN

#### Friday Harbor

Friday Harbor is a quaint, well-preserved town with several art galleries, bookshops, and boutiques dotted along its historic streets. There is a whale museum and whale-watching tours. There are also several great places to eat. As you would expect, seafood is a major feature on many menus.

## DAY 2

### Lopez Island Excursion

Today, you head over to Lopez Island – the “Friendly Isle.” This 15-mile island is one of the most peaceful and relaxed islands in the San Juan chain.

Once on Lopez Island, **Intermediate** riders cycle past driftwood-scattered beaches to Spencer Spit with stunning views of the snow-capped Cascade Mountains. After cycling past small farms that produce fruits and vegetables, you get to Shark Reef Sanctuary where seals bask in the sunshine. From here you head back up to Lopez Village.

**Leisure** riders follow the Intermediate route but head straight to Lopez Village from Spencer Spit – skipping the loop to Sharks Reef.

**Challenge** riders follow all of the Intermediate route but also add in an extra loop to MacKaye Harbor on the southern tip of the island.

For all routes, the best place for lunch is Lopez Village; beautifully situated at the north end of Fisherman Bay. At the end of the day, you take the ferry back to Friday Harbor.

### Lopez Island is the most friendly, peaceful, and relaxed island in the San Juan chain



### RIDE OPTIONS

#### Leisure

20 miles with  
1,100 feet of climbing



#### Intermediate

25 miles with  
1,500 feet of climbing



#### Challenge

35 miles with  
1,900 feet of climbing



### OVERNIGHT TOWN

#### Friday Harbor

Friday Harbor is a quaint, well-preserved town with several art galleries, bookshops, and boutiques dotted along its historic streets. There is a whale museum and whale-watching tours. There are also several great places to eat. As you would expect, seafood is a major feature on many menus.

# DAY-BY-DAY ITINERARY

## DAY 3

### San Juan Island Northern Loops

Today you do a loop ride in the northern part of the island.

The **Intermediate** ride follows rolling back roads to Roche Harbor. This sheltered cove has been a haven for sailors for over 150 years. There are several waterfront restaurants – ideal for a leisurely lunch in the sunshine.

After lunch, you go on to explore British Camp (the site used by the British troops during the joint military occupation of the Island in 1859). From here it's a meandering loop back to Friday Harbor along the west coast. In places, you're less than 3 miles from the Canadian border, and the snowcapped mountains of Vancouver Island frame the western horizon. Sites en route include an outdoor sculpture park, an alpaca farm, and Lime Kiln State Park – the nation's only whale watching park. Wildlife is a common sight – orcas in the ocean, deer on the land and bald eagles in the air.

**Leisure** riders follow the Intermediate route to Roche Harbor and English camp before heading straight back to Friday Harbor across the center of the island.

Lunch in the beautiful cove of Roche Harbor - a haven for sailors for over 150 years



### RIDE OPTIONS

#### Leisure

25 miles with  
1,400 feet of climbing



#### Intermediate

30 miles with  
2,000 feet of climbing



#### Challenge

N/A



### OVERNIGHT TOWN

#### Friday Harbor

Friday Harbor is a quaint, well-preserved town with several art galleries, bookshops, and boutiques dotted along its historic streets. There is a whale museum and whale-watching tours. There are also several great places to eat. As you would expect, seafood is a major feature on many menus.

## DAY 4

### Friday Harbor WA to Victoria B.C.

Today, you head to Canada – boarding a ferry with your guide for a transfer to Sidney, B.C. on Vancouver Island.

Once through customs, **Intermediate** riders cycle south from the ferry terminal on a bike route that snakes through well-kept neighborhoods before skirting the coastline to Cordova Bay – a great lunch stop. The San Juan Islands to the east and the Olympic Peninsula to the south frame the horizon. After lunch, you continue along the coast visiting Mount Douglas Park, Cattle Point, and Willows Beach before riding into the center of Victoria on a mix of quiet streets and bike paths.

**Leisure** riders start with a van transfer from Sidney Ferry terminal to Mount Douglas Park from where they join the Intermediate route, above, for the gentle ride into Victoria.

The San Juan Islands and the Olympic Peninsula frame the horizon as you ride into cosmopolitan Victoria



### RIDE OPTIONS

#### Leisure

15 miles with  
200 feet of climbing



#### Intermediate

30 miles with  
1,300 feet of climbing



#### Challenge

N/A



### OVERNIGHT TOWN

#### Victoria, B.C.

Known as the Garden City, Victoria is consistently recognized as one of the top ten cities in the world to visit. It is set around a stunning harbor bustling with yachts, ferries, and floatplanes. Away from the harbor, there is a blend of old-world charm and vibrant international confidence complete with street performers and excellent museums.



# DAY-BY-DAY ITINERARY

## DAY 5

### Victoria Loops

Today you explore Victoria and its surrounds. Choose from gardens, castles, art galleries, or city sights.

The **Challenge** route loops up to Butchart Gardens. As well as being a great place for a picnic lunch, the world-renowned Butchart Gardens are well worth exploring: the grounds cover 55 acres and there are over 900 plant varieties. Cadboro Bay is a great place to gather a picnic lunch *en route*.

The **Intermediate** route follows the Challenge route but turns around at Cordova Bay, a little short of Butchart Gardens.

The **Leisure** loop is an urban adventure along regional bike trails. This peaceful route meanders over the Selkirk Trestle, and through quiet neighborhoods and parks. Your destination is Hatley Castle, an Edwardian castle set in over 500 acres of landscaped grounds on the shores of Esquimalt Lagoon.

Today is also a great day to explore the **city sights**. Top choices include the Parliament Buildings, the British Columbia Museum, Craigdarroch Castle, and Beacon Hill Park.

Take a picnic to world-renowned Butchart Gardens: 55 acres with 900 plant varieties



### RIDE OPTIONS

#### Leisure

20 miles with  
850 feet of climbing



#### Intermediate

35 miles with  
1,600 feet of climbing



#### Challenge

40 miles with  
1,900 feet of climbing



### OVERNIGHT TOWN

#### Victoria, B.C.

Known as the Garden City, Victoria is consistently recognized as one of the top ten cities in the world to visit. It is set around a stunning harbor bustling with yachts, ferries, and floatplanes. Away from the harbor, there is a blend of old-world charm and vibrant international confidence complete with street performers and excellent museums.

## DAY 6

### Victoria Loops - Last Day

Today's options are similar to yesterday but there is so much to see and do in Victoria, you will not be repeating yourself.

The **Intermediate** route heads up to the 55-acre Butchart Gardens on a mix of quiet roads and bike paths. Your guide will meet you there, with your luggage, for your end-of-tour transfer.

The **Challenge** route follows the Intermediate route to Butchart Gardens and then loops back to Victoria where your guide meets you at your hotel.

The **Leisure** route is an in-and-out ride along regional bike paths to Hatley Castle.

There are also a host of things to do off the bike. The **harbor boat tours** visit historic landmarks, First Nation sacred territories, and float home communities. Fisherman's Wharf makes a great stopping-off point for sushi, fish and chips, or a scoop of ice cream. Other water activities are **kayaking tours** and **whale watching tours**. Back on land, **city sights** include Parliament Buildings, the British Columbia Museum, Craigdarroch Castle, and Beacon Hill Park.

Explore this vibrant, world-class city by bike, by foot or by water



### RIDE OPTIONS

#### Leisure

20 miles with  
1,100 feet of climbing



#### Intermediate

25 miles with  
1,400 feet of climbing



#### Challenge

35 miles with  
1,900 feet of climbing



### OVERNIGHT TOWN

#### None

As this is the last day of your tour, there is no overnight accommodation unless explicitly requested on booking.

## ACCOMMODATION

# LUXURY

### Friday Harbor

#### Tucker House

Stay as the guests of Anna and David in this luxury inn. Just a block from the bustling downtown, this charming inn consists of a cluster of buildings centered around two charming Victorians. Rooms are romantic and tastefully decorated while breakfast is a three-course feast with some ingredients flown in on the owner's plane!



### Victoria

#### Magnolia Hotel & Spa

One of the best hotels in the city, this boutique hotel sits in the heart of the downtown, just steps from Victoria's Inner Harbor. This award-winning hotel boasts thoughtfully appointed rooms and personalized service. The property includes an excellent restaurant – the Courtney Room – and a full-service spa.



## ACCOMMODATION NOTES

Properties in our Luxury category are some of the nicest full-service hotels in the area. They typically include spa facilities and a good restaurant.

See page 2 for prices.

### Mix & Match

You can choose accommodation in different categories in different towns. Please ask for prices.

### Tips & Notes



# ACCOMMODATION

## CLASSIC

### Friday Harbor Kirk House B&B

This beautifully-preserved, 1907 Craftsman house was originally the summer retreat for a wealthy industrialist. Rooms have many original features and antique furniture with modern, en suite bathrooms. Breakfast is organic, local and plentiful. Afternoon refreshments feature baked goods and drinks – typically served on the wraparound veranda.



### Victoria Abigail's Hotel

Abigail's is a boutique luxury Inn situated in a 1930's Tudor mansion. There are 23 rooms all tastefully decorated and furnished with antiques. The property is in a quiet neighborhood just ten minutes walk from Victoria's Inner Harbor. Breakfast is excellent and hors d'oeuvres are served in evenings.



### ACCOMMODATION NOTES

Properties in the Classic category are typically smaller hotels or luxurious B&Bs with very personal service sometimes including wine tasting or evening hors d'oeuvres.

See page 2 for prices.

### Mix & Match

You can choose accommodation in different categories in different towns. Please ask for prices.

### Tips & Notes



## BUDGET

### Friday Harbor

#### Discovery Inn

This small family-owned inn has a friendly staff and a mid-20th century rustic charm. The rooms are clean, pleasant, well-appointed and recently renovated – all with private bathrooms. Most rooms are spacious with the exception of those on the third floor where there are sloping ceilings.



### Victoria

#### The Craigmyle B&B

The Craigmyle is a popular gem located in a residential neighborhood close to Craigdarroch Castle. The B&B is in a four-story manor house with a large common room, a guest kitchen, and a self-serve laundry but no elevator. The 15 rooms are simple but very pleasant and have all been recently renovated.



### ACCOMMODATION NOTES

Properties in our Budget category are typically simpler B&Bs and more modest inns or hotels. However, all the properties are well-kept with en suite facilities.

See page 2 for prices.

### Mix & Match

You can choose accommodation in different categories in different towns. Please ask for prices.

### Tips & Notes

The Discovery Inn is on the outskirts of town; less than a mile from the town center and the ferry.

The Craigmyle B&B is just over a mile from Victoria Harbor but does have a few restaurants nearby. Note that this B&B has a lot of stairs to navigate and there is no elevator.

## BIKE CHOICES

### HYBRID BIKE

Hybrid bikes are a cross between a mountain bike and a road bike. They have a relaxed riding position and are great for beginners and intermediate riders. A typical model is the Fuji Absolute 1.4s or a similar brand with Shimano components and high-pressure road tires for better cycling efficiency than your typical hybrid.



### ROAD BIKE

Our road bikes are a racing style bike with drop handlebars. The road bikes are faster bikes than the hybrids with a less upright riding position and will be enjoyed by intermediate and experienced riders. A typical model is the Fuji Roubaix 1.6 with an aluminum frame, carbon front forks and Shimano Compact 105 drivetrain.



### eBIKE

Our eBikes are designed to give you a little extra assistance when climbing hills. The ride position is very similar to our hybrids. We typically rent Felt Sport-E 95 Electric Assist Bikes equipped with a 350W E-drive Bosch motor. If one rider in a couple is stronger than the other, an eBike can be a great choice for the less-strong rider.



### YOUR BIKE

If you have a favorite bike, we can help you get it to your destination as well as set it up once it is there. Please ask about options for bike shipping and assembly.



### BIKE RENTAL RATES

Bike	Per Day	Per Week
Hybrid	\$30	\$180
Road	\$45	\$270
eBike	\$55	\$330

### OPTIONAL EXTRAS

**Receiving & Assembly \$100**  
per bike charge to receive bike from shipper, assemble the bike and repack it and deliver it to a shipper at the end of the tour.

**Bike Boxes \$100**  
a per box charge for the extra logistics needed to handle bike boxes during a tour. Note: this fee can be avoided if you leave your box with your start/end hotel.

**Tandem Bike \$100**  
a per bike fee for the extra logistics to handle a tandem bike that is brought by a guest.



## SERVICES & OPTIONS

- ✔ GPS units, cycling maps, directions and a custom guidebook; one set per couple.
- ✔ Private transfer *from* the Friday Harbor Ferry Terminal or Friday Harbor Airport (FRD) at the start of the tour and transfers *to* downtown Victoria, Victoria Airport (YYJ), or Sidney Ferry Terminal at the end of the tour.
- ✔ Lunch on arrival into Friday Harbor as well as bike set up and a detailed map briefing.
- ✔ Accommodation for each night of your tour with breakfast the following morning (unless breakfast is explicitly excluded in the accommodation description earlier).

Prices quoted are per person but assume there are two people sharing a room with one bed. We book standard rooms unless an upgrade is requested and then extra charges may apply. Accommodation is subject to availability at the time of booking.

- ✔ Guide available via phone 8:00 AM to 8:00 PM.
- ✔ On-call roadside assistance 9:00 AM to 4:00 PM for mechanical issues.
- ✔ Luggage transported between lodgings.
- ✔ Inter-island ferry tickets.
- ✔ Transfers along all or part of the route to coincide with luggage moves – to be arranged at least 24 hours in advance.

- ✧ Transport from the mainland to Friday Harbor and transport back to the mainland from Victoria. See Arrival and Departure Information below for options on getting to Friday Harbor and from Victoria.
- ✧ Lunches (except on Day 1) and dinners. Our guidebooks are full of great recommendations and we are pleased to make reservations for you.
- ✧ An on-bike guide.
- ✧ Activities such as kayaking, whale watching, boat tours, and spa treatments. We are pleased to make reservations on your behalf.
- ✧ Transfers to sites to which it is not practical to ride or you choose not to ride.

- All non-Canadian citizens require a passport to travel to Canada. Your passport should be valid for at least six months on entry.
- At the time of writing, US citizens do not require a visa or an electronic travel authorization (ETA) to travel to Canada. To determine if you need either a Visa or an ETA visit [www.cic.gc.ca/english/visit/visas.asp](http://www.cic.gc.ca/english/visit/visas.asp).

[illegible]

## SERVICES & OPTIONS

## San Juan Kayaking Tours

## Watching Tours

## Victoria Harbor Boat Tours

## Victoria Harbor Kayaking Tours

You can join one of several flavors of tour or simply rent kayaks to explore the harbor on your own. Kayaks are launched from 1006 Wharf Street (close to the Inner Harbor). Further details at [www.victoriakayak.com](http://www.victoriakayak.com) / 250-216-5646.



**NOTES:**

[illegible]



# ABOUT THE ISLANDS

## ARRIVAL INFORMATION INTO FRIDAY HARBOR

There are several options for getting to the San Juan Islands:

- ✦ Take the fast Clipper Ferry from downtown Seattle to Friday Harbor.
- ✦ Fly direct to Friday Harbor from Seattle's Boeing Field airport.
- ✦ Drive to Anacortes and take the Washington State Ferry.
- ✦ Take the airport shuttle from Seattle's SEA-TAC airport to Friday Harbor.

Many past guests have enjoyed taking the Clipper from Seattle out to the islands and then flying back from Victoria Airport at the end of their tour.

### Clipper Ferry from Seattle to Friday Harbor

The Clipper Ferry departs from Pier 69, 2701 Alaskan Way on the waterfront in downtown Seattle. Tickets can be booked at [www.clippervacations.com](http://www.clippervacations.com) / 800-888-2535 and are \$55 one way. The trip takes about 3 hours 45 minutes.

### Flying Direct to Friday Harbor

Kenmore Air operates six flights a day to Friday Harbor from Seattle. Flights leave from Boeing Field, but there is a free shuttle from the main (SEA-TAC) airport. Prices are around \$175pp one way for scheduled flights – [www.kenmoreair.com](http://www.kenmoreair.com) / (425) 486-1257.

Northwest Sky Ferry operates flights from Bellingham, WA to Friday Harbor for \$75 to \$125pp one way – [www.nwskyferry.com](http://www.nwskyferry.com) / (360) 676-9999.

San Juan Airlines offers scheduled flights to Friday Harbor from Bellingham and Anacortes, WA. In addition they operate chartered flights from Seattle and Victoria and Vancouver, British Columbia – [www.sanjuanairlines.com](http://www.sanjuanairlines.com) / (360) 293-4691.

### Driving to Anacortes

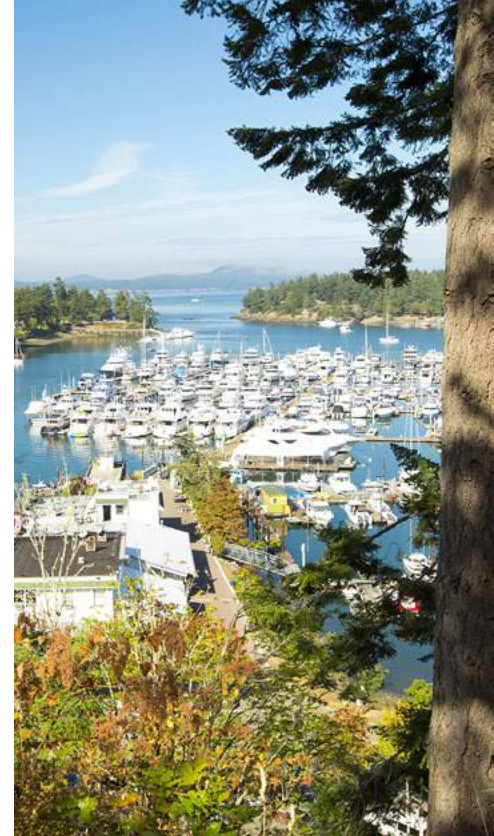
Anacortes is 80-miles north of Seattle. There is parking at the Anacortes Ferry Terminal – \$10/day or \$40/week. From here you can walk onto the Washington State Ferry to Friday Harbor – \$13 pp. If you plan to take your car on the ferry, we strongly recommend making a booking at [www.wsdot.com/ferries/](http://www.wsdot.com/ferries/).

### Airport Shuttle from SEA-TAC Airport

There are a couple of shuttle services from Seattle's SEA-TAC airport to Friday Harbor via the Washington State Ferries (via Anacortes): Airporter Shuttle – [www.airporter.com](http://www.airporter.com) / (360) 380-8800 and Island Airporter – [www.islandairporter.com](http://www.islandairporter.com) / (360) 378-7438. The shuttle service is approximately \$50 one-way.

### Flying into Seattle Airport and Staying in Seattle

Seattle Airport (SEA-TAC), has direct flights from most major U.S. cities. There are a number of good options for getting into downtown Seattle from here including taxi (\$50 / 30 minutes), Shuttle Express to major hotels (\$18 pp (425) 981-7000) and the Light Rail service to the center of Seattle (Pioneer Square) (\$3 / 40 minutes).



## THE AREA

# ABOUT THE ISLANDS

## DEPARTURE INFORMATION FROM VICTORIA

The following are the main options for returning from Victoria on Vancouver Island:

- ✦ Fly out of Victoria's International Airport.
- ✦ Take the fast Clipper Ferry from downtown Victoria to Seattle.
- ✦ Take the Washington State Ferry back to Anacortes.

### Flying Direct from Victoria Airport

Victoria Airport has non-stop services to Vancouver, Seattle, Toronto, and a few other North American cities.

### Clipper Ferry from Victoria to Seattle

The Clipper Ferry departs once per day (in the evening) from Belleville Terminal in downtown Victoria. Tickets can be booked at [www.clippervacations.com](http://www.clippervacations.com) / 800-888-2535 and are \$120 USD one way. The trip takes about 2 hours 45 minutes.

### Washington State Ferry to Anacortes

Washington State Ferries have services to both Friday Harbor and Anacortes from Sidney Ferry Terminal - 20 miles north of Victoria. The service varies by time of year. More details at [www.wsdot.com/ferries/](http://www.wsdot.com/ferries/).

## WHERE TO STAY BEFORE THE TRIP

Guests often stay in Seattle before and/or after their trip. We have had good feedback for the following hotels and B&Bs:

### Seattle Hotels

Alexis Hotel [www.alexishotel.com](http://www.alexishotel.com)

Inn at the Market [www.innatthemarket.com](http://www.innatthemarket.com)

Edgewater Hotel [www.edgewaterhotel.com](http://www.edgewaterhotel.com)

The Maxwell Hotel [www.themaxwellhotel.com](http://www.themaxwellhotel.com)

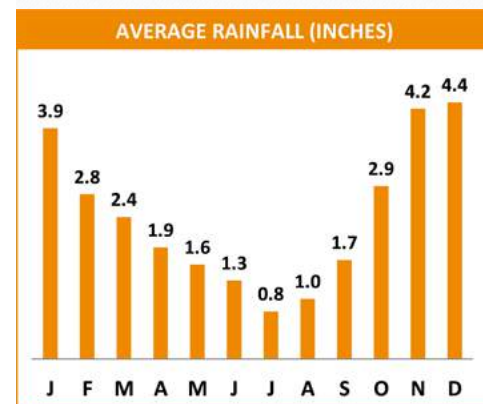
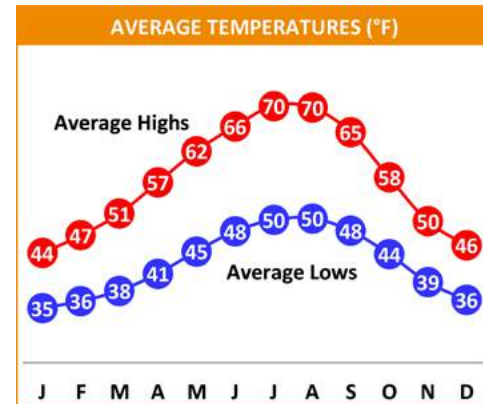
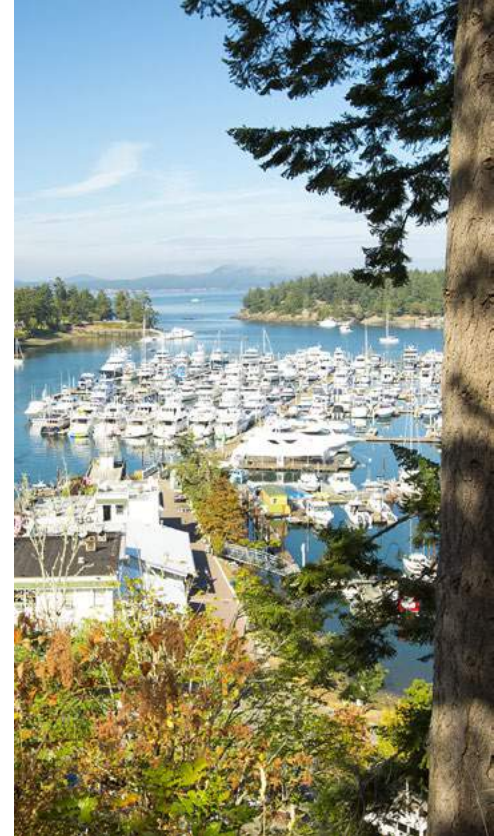
Ace Hotel [www.acehotel.com/seattle](http://www.acehotel.com/seattle)

## CLIMATE

For their latitude, the San Juan Islands have a relatively mild and dry climate: mild due to the influence of the ocean and dry thanks to their position in the rain shadow of the Olympic Mountains.

The best months to visit the San Juan Islands and Vancouver Island are May through September, when the temperatures are pleasantly warm and the risk of rainfall much lower. Even in summer, temperatures are never stifling and there is typically a pleasant sea breeze. Spring and fall are still OK but you need to be prepared for rain and lower temperatures. We do not recommend cycling here in winter.

The charts to the right show the monthly average temperatures (in Fahrenheit) and rainfall (in inches) for Olga – a weather station on Orcas Island.





# TERMS & CONDITIONS

---

## PAYMENT

A payment of 10% of the total price is required to secure a reservation. Payment of the balance is due 60 days prior to the start of the trip.

---

## BOOKING FORM

Once your deposit is paid, we will send you a booking form requesting details such as bike rental requirements, dietary restrictions, and an emergency contact. The booking form includes a **Cycle Tour Accident Waiver and Release of Liability**. A copy of this form can be found at <https://www.lifecycleadventures.com/waiver/>. Guests who fail to provide a signed waiver prior to the start of a trip will not be allowed to take part in the trip and the cancellation policy will apply.

---

## CANCELLATION POLICY

We give a full refund less a \$150 administration fee for any trip canceled over 90 days before the start of the trip. After this date, refunds are made according to the following schedule:

- From 61 to 90 days: 90% of the full trip price is refunded unless you choose to rebook a trip with a start date within 18 months of the original start date in which case your current payments will be applied to the new trip less an administration fee of \$150.
- From 15 to 60 days of the start of the trip your choice of EITHER a 50% refund or 75% of the trip price applied towards a future trip with LifeCycle Adventures. The latter option only applies when the canceled trip has been paid for in full.
- Within 15 days of travel: sorry, no refund.

We strongly recommend you take out travel insurance to cover you in the event of having to cancel your trip.

Unless other arrangements are mutually agreed upon, the failure of a participant to be present at the start of the trip at the time and location agreed in the booking process will be treated as a cancellation and the cancellation policy will apply. Leaving your trip early for any reason will be treated as a cancellation and no refund will be given.

---

## TRAVEL INSURANCE

In signing the Cycle Tour Accident Waiver and Release of Liability form you certify that you either have insurance to cover you in the event of needing medical treatment and to cover any losses associated with participation in the trip or you are prepared to cover these costs yourself. We recommend checking with your current insurance providers to understand your coverage. Should you choose to purchase travel insurance, the following sites aim to compare travel insurance policies and might be helpful: [www.squaremouth.com](http://www.squaremouth.com) and [www.insuremytrip.com](http://www.insuremytrip.com).

---

## ITINERARY CHANGES

We reserve the right to make route, accommodation, date, and bike model changes as caused by circumstances beyond our control or unforeseen circumstances. If such changes become necessary, we will make like-for-like substitutions to ensure quality is maintained.

In the event that we cancel a trip for any reason other than Force Majeure, you will be given a full refund that will constitute full settlement. We will not reimburse you for any personal expenses such as airline tickets, hotels or other travel expenses.

We shall not be liable for any refunds or compensation in the event we cancel your booking due to reasons of Force Majeure. Examples of "Force Majeure" include Acts of God (including fire, flood, earthquake, storm, hurricane, volcanic eruptions, or other natural disaster), epidemics, health risks and pandemics, government orders or actions, civil disturbances, war or threat of war, acts of foreign enemies, or terrorist activities.